



FOR IMMEDIATE RELEASE

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Raising Awareness of the Benefits of Hospice and Palliative Care

*Mountain Valley Hospice & Palliative Care Celebrates November as
National Hospice and Palliative Care Month*

Mount Airy, NC – Throughout the month of November, Mountain Valley Hospice and Palliative Care will be joining organizations across the nation creating awareness for hospice during the month of November.

For more than 40 years, hospice care teams and staff have helped provide comfort and dignity to millions of people, allowing them to spend their final months wherever they call home, surrounded by their loved ones. Hospices ensure that pain management, therapies, and treatments all support a plan of care that is centered on the person's goals. Hospice care also provides emotional support and advice to help family members become confident caregivers and adjust to the future with grief support for up to a year.

"It is essential that people understand that hospice and palliative care is not giving up, it is not the abandonment of care, and it is not reserved for the imminently dying," said Edo Banach, president and CEO of the National Hospice and Palliative Care Organization. "Hospice is a successful model of person-centered care that brings hope, dignity and compassion when they are most needed."

In 2018, 1.61 million Medicare beneficiaries received care from hospices in this country, reports NHPCO. Hospice is unique in that it offers an



interdisciplinary team approach to treatment. Caring for the whole person allows the team to address each patient's unique needs and challenges.

"We hear every day from patients and families who say they didn't know what they would have done without hospice "said Tracey Dobson, CEO of Mountain Valley Hospice & Palliative Care. "Our care teams strive daily to provide excellent care to every patient and support their family members. The level of care and compassion we give is priority in every interaction as we consider each patient's individual journey. It's how we live out our mission, vision and values."

Hospices are also some of the best providers of community-based palliative care. Palliative care delivers expertise to improve quality of life and relief from symptoms related to serious illness. It can be provided at any time during an illness - during and after treatment, from diagnosis on.

More information about hospice, palliative care, and advance care planning is available from NHPCO's CaringInfo.org or by contacting [Mountain Valley Hospice and Palliative Care](http://MountainValleyHospiceandPalliativeCare.com) at 1-888-789-2922.

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ABOUT MOUNTAIN VALLEY HOSPICE & PALLIATIVE CARE

Mountain Valley Hospice & Palliative Care is a nonprofit organization providing high quality end-of-life care in 18 counties in North Carolina and Virginia. Through its team of hospice professionals and specially trained volunteers, Mountain Valley Hospice addresses the growing need for compassionate hospice care through offices in Mount Airy, Yadkinville, Elkin, and Pilot Mountain, NC; and in Hillsville, and Martinsville VA. Mountain Valley Hospice also owns and operates two hospice inpatient facilities: The Joan & Howard Woltz Hospice Home in Dobson, NC, and the SECU Hospice Care Center in Yadkinville, NC. Both offer a homelike setting for patients and families alike. The goal for both facilities is to help families be as comfortable as possible as they stay close by their loved one during this time when families are needed most. For more information, visit www.mtnvalleyhospice.org .