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Contact: Pam Cook
Pam Cook Communications
336-416-4831
pcookk@aol.com

Media Release

Northern Regional Hospital Opens New Family Medicine Practice in Dobson, North Carolina

Mountain Valley corporate office to be housed upstairs.

(Dobson, NC) **Northern Family Medicine in Dobson**, North Carolina, a newly-created physician practice of Northern Regional Hospital, and **Mountain Valley** are pleased to introduce their shared space in a recently restored two-story building in downtown Dobson.

"Northern Regional Hospital is pleased to expand high-quality family medicine services to the Dobson community," said **Chris A. Lumsden, FACHE**, President and Chief Executive Officer of Northern Regional Hospital, a national award-winning community hospital, based in Mount Airy, NC, that has faithfully served its communities for over 65 years. "Our Dobson health care team, led by Dr. José Mendoza, is committed to providing compassionate and affordable care to pediatric and adult patients. The new practice location in downtown Dobson is easily accessible to neighboring businesses, schools, government offices, and the public. Northern is delighted to better serve the health needs of central Surry County."

Dr. Mendoza has been appointed Medical Director of Northern Family Medicine in Dobson. Dr. Mendoza is fluent in English and Spanish and has spent the past three years building a practice at the Northern Family Medicine in Mount Airy. "My professional colleagues and I are very excited and eager to welcome new patients to Northern Family Medicine in Dobson," said Dr. Mendoza.

According to Dr. Mendoza, he and physician assistant Mathew Reynolds, PA-C, will diagnose and treat both adult and pediatric patients, welcome walk-ins, and offer same-day appointments for your healthcare needs.



Dobson's new Northern Family Medicine practice has been strategically designed to prioritize and enhance patient flow and work efficiency. In addition to a warm and welcoming reception area, the Family Medicine practice includes six exam rooms, a dedicated procedure room, an open nurses' station, and a lab with access to physicians in Cardiology, Gastroenterology, General Surgery, Obstetrics, and Gynecology, Orthopedics, and Urology who are conveniently located close to home.

The building's second floor will serve as the new headquarters for Mountain Valley. Serving the region since 1983, Mountain Valley provides high-quality end-of-life care in 18 counties throughout North Carolina and Virginia.

The new Hospice space has been designed to maximize employee interactions and host various educational and training sessions for its employees, including offices, a simulation room, and a board room.

"We are so honored to extend a neighborly hand to our downstairs neighbor, Northern Family Medicine, and become a part of the Dobson community," said Mountain Valley President and Chief Executive Officer, Tracey Dobson. "Opening our doors here is a testament to our mission of creating the best experience for those facing serious illness, every patient, every family, every time. We have been living this mission for over 40 years, including patients and families right here in the Dobson area. But what makes this day special is that now we have a physical presence with our new, corporate office space. I'd like to thank Northern Regional Hospital for the opportunity to have our corporate office here, and I would like to thank the many individuals and companies that worked tireless and endlessly to give this space new life so that we can continue to grow and serve patients and families in Dobson and the surrounding communities. As they say, it definitely takes a village!"

An **Open House** will be held at Northern Family Medicine in Dobson on Tuesday, August 15, 2023. **The public is invited** to tour the building, meet providers, and enjoy light refreshments from 12noon – 3:00 p.m.

Beginning Monday, August 21, Northern Family Medicine in Dobson will start seeing patients from 8:00 a.m. until 5:00 p.m., Monday through Friday. For more information, call Northern Family Medicine in Dobson at (336) 783-8100, or visit our website at ChooseNorthern.org.



Mountain Valley is a nonprofit organization providing high quality end-of-life care in 18 counties in North Carolina and Virginia. Through its team of hospice professionals and specially trained volunteers, Mountain Valley addresses the growing need for compassionate hospice care. Mountain Valley also owns and operates two hospice inpatient facilities: The Joan & Howard Woltz Hospice Home in Dobson, NC, and the SECU Hospice Care Center in Yadkinville, NC. Both offer a homelike setting for patients and families alike. The goal for both facilities is to help families be as comfortable as possible as they stay close by their loved one during this time when families are needed most. For more information, visit www.mtnvalleyhospice.org .