





## April 16th is National Healthcare Decisions Day

Are your healthcare wishes legally documented?

97%

of people say it's important to talk about end-of-life wishes with loved ones. Only 27% have done so\*

60%

of people die in hospitals or institutions, while a sizeable majority say they want to die at home\* 53%

of people say they'd be relieved to share their end-of-life care and final wishes with loved ones.\*\* We can help

## Talk with Mountain Valley today

Our staff is trained to help you with all of the end-of-life legal documents authorized for use in North Carolina and Virginia. Contact a representative today and schedule an onsite presentation or personal consultation. Important documents:

**Living Will** 

The Five Wishes®

Do Not Resuscitate (DNR)

Health Care Power of Attorney (HCPOA)

**Medical Orders for Scope of Treatment (MOST)** 

Call (888) 789-2922

